

Form 144

FORM 144/A

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144/A: Filer Information

Filer CIK 0001848228
Filer CCC XXXXXXXX
Previous Accession Number Of The Filing 0001974078-26-000344
Is this a LIVE or TEST Filing? ☒ LIVE ☐ TEST

Submission Contact Information

Name
Phone
E-Mail Address

144/A: Issuer Information

Name of Issuer Amalgamated Financial Corp.
SEC File Number 001-40136
275 SEVENTH AVE.
NEW YORK
NEW YORK
10001
Phone (212) 255-6200
Name of Person for Whose Account the Securities are To Be Sold Brown Sam D.

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer

144/A: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common	Raymond James & Associates Inc. 880 Carillon Parkway St. Petersburg FL 33716	30898	1498553.00	29900000	09/08/2026	Nasdaq

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144/A: Securities To Be Sold

Title of the	Date you	Nature of	Name of	Is	Date	Amount of	Date of	Nature of
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Class	Acquired	Acquisition Transaction	Person from Whom Acquired	this a Gift?	Donor Acquired	Securities Acquired	Payment	Payment *
Common	09/01/2026	RSU	Issuer	☐		2424	09/01/2026	Cash
Common	09/30/2025	RSU	Issuer	☐		148	09/30/2025	Cash
Common	11/20/2025	RSU	Issuer	☐		15	11/20/2025	Cash
Common	12/30/2022	ESPP	Issuer	☐		210	12/30/2022	Cash
Common	03/31/2023	ESPP	Issuer	☐		1079	03/31/2023	Cash
Common	03/28/2024	ESPP	Issuer	☐		351	03/28/2024	Cash
Common	06/28/2024	ESPP	Issuer	☐		573	06/28/2024	Cash
Common	08/24/2024	RSU	Issuer	☐		2888	08/24/2024	Cash
Common	09/30/2024	ESPP	Issuer	☐		88	09/30/2024	Cash
Common	11/21/2024	RSU	Issuer	☐		54	11/21/2024	Cash
Common	02/15/2025	RSU	Issuer	☐		878	02/15/2025	Cash
Common	02/15/2025	RSU	Issuer	☐		1242	02/15/2025	Cash
Common	02/15/2025	RSU	Issuer	☐		1873	02/15/2025	Cash
Common	02/15/2025	RSU	Issuer	☐		1960	02/15/2025	Cash
Common	02/27/2025	RSU	Issuer	☐		35	02/27/2025	Cash
Common	03/01/2025	RSU	Issuer	☐		1432	03/01/2025	Cash
Common	03/31/2025	ESPP	Issuer	☐		158	03/31/2025	Cash
Common	04/01/2025	RSU	Issuer	☐		1213	04/01/2025	Cash
Common	05/22/2025	ESPP	Issuer	☐		11	05/22/2025	Cash
Common	05/22/2025	RSU	Issuer	☐		79	05/22/2025	Cash
Common	06/30/2025	ESPP	Issuer	☐		522	06/30/2025	Cash
Common	08/21/2025	ESPP	Issuer	☐		14	08/21/2025	Cash
Common	08/21/2025	RSU	Issuer	☐		82	08/21/2025	Cash
Common	08/24/2025	RSU	Issuer	☐		3563	08/24/2025	Cash
Common	11/20/2025	RSU	Issuer	☐		102	11/20/2025	Cash
Common	01/01/2026	RSU	Issuer	☐		2480	01/01/2026	Cash
Common	02/15/2026	RSU	Issuer	☐		1206	02/15/2026	Cash
Common	02/15/2026	RSU	Issuer	☐		2692	02/15/2026	Cash
Common	02/19/2026	RSU	Issuer	☐		76	02/19/2026	Cash
Common	02/19/2026	RSU	Issuer	☐		956	02/19/2026	Cash
Common	03/01/2026	RSU	Issuer	☐		1433	03/01/2026	Cash
Common	04/01/2026	RSU	Issuer	☐		958	04/01/2026	Cash
Common	05/21/2026	RSU	Issuer	☐		100	05/21/2026	Cash

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144/A: Securities Sold During The Past 3 Months

Nothing to Report ☒

144/A: Remarks and Signature

Remarks	Additional lots to be sent via email.
Date of Notice	09/14/2026
Date of Plan Adoption or Giving of	06/08/2026

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

Rashida Mitchell, as duly authorized representative of Raymond James &
Associates, Inc., as attorney-in-fact for Sam D Brown

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)