FORM 4

Check box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See instruction

Federal Deposit Insurance Corporation Washington, D.C. 20429

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

(PLEASE PRINT OR TYPE ALL RESPONSES)

OMB APPROVAL
OMB NUMBER: 3064-0030 EXPIRES: 07/31/2013 Estimated average burden hours per response0.5

			2. Issuer Name and Tickler or Trading Symbol Amalgamated Bank (AMAL)				Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
			Date of Earliest Transaction Required to be Reported (Month/Day/Year)			4. If Amendment, Date Original Filed (Month/Day/Year)		Officer (Give title below Description Other (Specify below) Executive VP			
City	State	ZIP Code	03/9/2020					☐ Fo	r Joint/Group Filing (C rm filed by One Repor rm filed by More than	ting Person	
New York	NY	10001							III liled by More triain	One Reporting Pers	5011
						Acquired, Disp			Owned		
1. Title of Security (Instr. 3)		Transaction Date (Month/Day/Year)	2A. Deemed Execu- tion Date if any, (Month/	3. Transaction Coc (Instr. 8)		de 4. Securities Acquired (A) or Disp of (D) (Instrs. 3, 4, and 5)		posed	Securities Beneficially Owned Follow- ing Reported		7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Day/ Year)	Code	V	Amount	(A) or (D)	Price	Transactions (Instr. 3 and 4)		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. (Continue on Page 2) *If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Table II - Derivative Securities Acquired, Disposed of or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans- action Date (Month/ Day/ Year)	3A. Deemed Execu- tion Date if any, (Month/ Day/ Year)	emed action Derivative Securities (Month/ Day/ yr Disposed of (D)		on Date	7. Title and Amour Underlying Sec (Instrs. 3 and 4)	urities	8. Price of Derivative Security (Instr. 5) 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Owner- ship Form of Deriva- tive Securities: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	V	(A)	(D)	Date Ex- ercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Restricted Stock Units	(1)	3/9/2020		А		4152		(2)	(2)	Common Stock	4152	\$0	4152	D	
Fundamentian of Donners	-1	-													

Explanation of Responses:

- (1) Each restricted stock unit represents a contingent right to receive one share of AMAL stock.
- (2) The restricted stock units vest in three equal annual installments beginning on March 9, 2021.

(3)	By: Mand FDIC on A	y Tenner August 8,	pursuant to 2018.	power o	f attorney	filed	with	the
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/s/ Sam Brown (3)	03/11/2020	
**Signature of Reporting Person	Date	

NOTE: File three copies of this form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure (12 C.F.R. 335.612). Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a current, valid OMB Control Number. **Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

BURDEN STATEMENT

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