FORM 4

Check this box if no longer subject

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

		00540
Vashington,	D.C.	20549

STATEMENT	OF	CHANGES	IN B	ENEFICI	AL	OWNER	RSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Brown Sam D.					2. Issuer Name and Ticker or Trading Symbol Amalgamated Financial Corp. [AMAL]									tionship of Reportin all applicable) Director		10% O		wner	
(Last) (First) (Middle) 275 7TH AVENUE					3. Date of Earliest Transaction (Month/Day/Year) 11/15/2022								X		Officer (give title pelow) Executive		Other (specify below)		
(Street) NEW YO			000: Zip)	1	4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month					ed (Month/D	ay/Yea		Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					on
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye			2 Ear) if	2A. Deemed Execution Date,		, [3. Transaction Code (Instr. 8) 4. Securities Ac Disposed Of (D		Acquire	d (A) or	5. Amo		ount of ities icially d Following	Form (D) o	n: Direct r ect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v /	Amount	(A) or (D)	Price	Transa		action(s) 3 and 4)		,	()				
Common Stock 11/15/202		11/15/202	2	2			S ⁽¹⁾	(1) 6,961 D \$		\$25.317	3176(2)		1,855		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date Execution Date, if any (Month/Day/Year)			4. Transa Code 8)	action (Instr.			Expiration Date (Month/Day/Year)			Amo Secu Unde Deriv	Amount			9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersi Form: Direct (E or Indire (I) (Instr.	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exe	e ercisable	Expiration Date	1 Title	or Number of Shares						

Explanation of Responses:

- 1. The disposition reported in this Form 4 was effected pursuant to a Rule 10B5-1 trading plan adopted by the reporting person on 08/02/2022.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$25.66 \$24.95. The reporting person undertakes to provide to AMAL, any security holder of AMAL, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in footnote (2) to this Form 4.

Remarks:

/s/ Sam Brown

11/17/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.