FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

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Nashington,	D.C.	20049	

STATEMENT	OF	<b>CHANGES</b>	IN BE	ENEFICIA	L OWN	ERSHIP
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OMB APF	PROVAL							
OMB Number:	3235-0287							
Estimated average burden								
hours per respons	e: 0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Brown Sam D.					2. Issuer Name and Ticker or Trading Symbol Amalgamated Financial Corp. [ AMAL ]								ationship of Reportin ( all applicable) Director Officer (give title		ng Person(s) to Is 10% Ov Other (s		wner			
(Last) 275 7TH	(Fi	rst) (M	Middle)			te of E 7/202		Trans	Transaction (Month/Day/Year)					A	below			below)	below)	
(Street) NEW YO			0001 Zip)		4. If <i>I</i>	If Amendment, Date of Original Filed (Month/Day/Year)									·					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)			Execution Date,		Transaction Disposed Code (Instr. 5)		es Acquired (A) Of (D) (Instr. 3, 4					Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)						
							Code	v	Amount	(A) or (D) Pri		ice	Transa	Transaction(s) (Instr. 3 and 4)			(111341. 4)			
Common	Stock			05/17/2	2022		<b>S</b> <sup>(1)</sup>		175 D \$		19.95	95 34,112			D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Exercise ce of ivative (Month/Day/Year) if any (Month/Day/Year)		4. Transa Code ( 8)		nstr. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration Exercisable Date		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)  Amour or Numbe of Title Shares		De Se (In:	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

## **Explanation of Responses:**

1. The disposition reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on 3/13/2022.

## Remarks:

/s/ Sam Brown

05/18/2022

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.