

# FORM 4

Federal Deposit Insurance Corporation  
Washington, D.C. 20429

OMB APPROVAL

Check box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB NUMBER: 3064-0030  
EXPIRES: 07/31/2013  
Estimated average burden  
hours per response ...0.5

(PLEASE PRINT OR TYPE ALL RESPONSES)

<b>1. Name of Reporting Person (Last, First, MI)*</b> <b>Paul, James</b>			<b>2. Issuer Name and Ticker or Trading Symbol</b> <b>Amalgamated Bank (AMAL)</b>			<b>5. Relationship of Reporting Person(s) to Issuer (Check all applicable)</b> <input type="checkbox"/> Director <span style="float:right;"><input type="checkbox"/> 10% Owner</span> <input checked="" type="checkbox"/> Officer (Give title below) <span style="float:right;"><input type="checkbox"/> Other (Specify below)</span> <b>Exec. VP &amp; Chief Administrative Officer</b>			
Street Address  <b>Amalgamated Bank</b> <b>275 Seventh Avenue</b>			<b>3. Date of Earliest Transaction Required to be Reported (Month/Day/Year)</b>  <b>08/13/2018</b>		<b>4. If Amendment, Date Original Filed (Month/Day/Year)</b>  				
City <b>New York</b>	State <b>NY</b>	ZIP Code <b>10001</b>					<b>6. Individual or Joint/Group Filing (Check applicable box)</b> <input type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person		

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date if any, (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instrs. 3, 4, and 5)			5. Amount of Securities Beneficially Owned Following Reported Transactions (Instr. 3 and 4)	6. Ownership Form Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
<b>Class A Common Stock</b>	<b>08/13/2018</b>		<b>P</b>		<b>3,000</b>	<b>A</b>	<b>\$15.50</b>	<b>3,000</b>	<b>D</b>	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. (Continue on Page 2)  
\*If the form is filed by more than one reporting person, see Instruction 4(b)(v).

