FORM 4

☐ Check box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See instruction

Federal Deposit Insurance Corporation Washington, D.C. 20429

STATEMENT	OF CHANGES	N RENEFICIAL	OWNERSHIP	OF SECURITIES
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

(PLEASE PRINT OR TYPE ALL RESPONSES)

OMB APPROVAL	
OMB NUMBER: 3064-0030 EXPIRES: 07/31/2013 Estimated average burden hours per response0.5	

1. Name of Reporting Person (Last, First, MI)* Bouffard, Jr., Donald E.		2. Issuer Name					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
Street Address Amalgamated Bank 275 Seventh Avenue City New York State NY State NY State NY State NY 10001			Amalgamated Bank (A. 3. Date of Earliest Transaction Required to be Reported (Month/Day/Year) 05/17/2019			4. If Amendment, Date Original Filed (Month/Day/Year)		Officer (Give title below Other (Specify below)					
								Individual or Joint/Group Filing (Check applicable box) Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Table	I - Non-Deriv	ative Sec	curities A	Acquired, Disp	osed of, or	r Beneficially	Owned				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date if any, (Month/	3. Transaction Code (Instr. 8)		de 4. Securities Acquired (A) or Dispose of (D) (Instrs. 3, 4, and 5)		posed	ed 5. Amount of Securities Beneficially Owned Following Reported		Nature of Indirect Beneficial Ownership (Instr. 4)			
			Day/ Year)	Code	V	Amount	(A) or (D)	Price	Transactions (Instr. 3 and 4)				

FDIC 6800/04 (10-05)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. (Continue on Page 2) *If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Table II - Derivative Securities Acquired, Disposed of or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans- action Date (Month/ Day/ Year)	3A. Deemed Execution Date if any, (Month/ Day/ Year)	4. Trans actior Code (Instr.	1	Deriva Securi Acquir or Dispos (D)	Number of Derivative Securities Acquired (A) or Disposed of (D) (Instrs. 3, 4,		on Date						11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	(A)	(D)	Date Ex- ercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)		
Restricted Stock Units	(1)	5/17/2019		А		1981		(2)	(2)	Common Stock	1981	\$0	1981	D	

Explanation of Responses:

(1) Each restricted stock unit represents a contingent right to receive one share of AMAL stock.

(2) The restricted stock units vest in one annual installment on May 17, 2020.

(3) By: Mandy Tenner pursuant to power of attorney filed with the	/S/
FDIC on August 8, 2018.	**Signa

/s/ Donald E. Bouffard Jr. (3)	05/21/2019
**Signature of Reporting Person	Date

NOTE: File three copies of this form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure (12 C.F.R. 335.612). Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a current, valid OMB Control Number.

**Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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FDIC 6800/04 (10-05) Page $\overline{2}$ of $\underline{2}$