FEDERAL DEPOSIT INSURANCE CORPORATION WASHINGTON, D.C. 20006

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): October 30, 2019

AMALGAMATED BANK (Exact name of registrant as specified in its charter)

New York (State or other jurisdiction of incorporation)

Exchange Act. □

13-4920330 (IRS employer identification no.)

275 Seventh Avenue, New York, New York (Address of principal executive offices)

10001 (Zip Code)

Registrant's telephone number, including area code: (212) 895-8988

Not Applicable (Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):
☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (17 CFR § 230.405) or Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR § 240.12b-2).
Emerging growth company ⊠
If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading	Name of each exchange on which
	symbol(s)	registered
Class A Common Stock, \$0.01 par value/share	AMAL	The Nasdaq Stock Market

period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the

Item 7.01. Regulation FD Disclosure.

On October 30, 2019, Amalgamated Bank. (the "Company") issued the press release that is furnished as Exhibit 99.1 to this Current Report on Form 8-K and that is incorporated by reference into this Item announcing that the Company's Board of Directors had declared a quarterly dividend of \$0.08 per share payable on November 29, 2019 to shareholders of record on November 15, 2019.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits See Exhibit Index to this report.

Exhibit Index

Exhibit
No. Description

99.1 Press release dated October 30, 2019 (furnished only).

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

AMALGAMATED BANK

By:____ Name: /s/ Keith Mestrich

Keith Mestrich

Title: Chief Executive Officer and President

Date: October 30, 2019



Amalgamated Bank Announces 33% Quarterly Dividend Increase

NEW YORK, Oct. 30, 2019 (GLOBE NEWSWIRE) -- Amalgamated Bank (Nasdaq: AMAL) (the "Company") today announced that its Board of Directors has declared a regular dividend to common shareholders of \$0.08 per share, a 33% increase from the previous quarterly dividend of \$0.06 per share. The dividend is payable on November 29, 2019, to shareholders of record on November 15, 2019. The amount and timing of any future dividend payments to shareholders will be subject to the discretion of the Company's Board of Directors.

About Amalgamated Bank

Amalgamated Bank is a New York-based full-service commercial bank and a chartered trust company with a combined network of 13 branches in New York City, Washington D.C., and San Francisco. Amalgamated was formed in 1923 as Amalgamated Bank of New York by the Amalgamated Clothing Workers of America, one of the country's oldest labor unions. Amalgamated provides commercial banking and trust services nationally and offers a full range of products and services to both commercial and retail customers. Amalgamated is a proud member of the Global Alliance for Banking on Values and is a certified B Corporation®. As of September 30, 2019, our total assets were \$5.0 billion, total net loans were \$3.5 billion, and total deposits were \$4.3 billion. Additionally, as of September 30, 2019, the trust business held \$32.0 billion in assets under custody and \$12.6 billion in assets under management.

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