FEDERAL DEPOSIT INSURANCE CORPORATION WASHINGTON, D.C. 20006

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): November 5, 2020

AMALGAMATED BANK

(Exact name of registrant as specified in its charter)

New York (State or other jurisdiction of incorporation) 13-4920330 (IRS employer identification no.)

275 Seventh Avenue, New York, New York (Address of principal executive offices) 10001 (Zip Code)

Registrant's telephone number, including area code: (212) 895-8988

Not Applicable (Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (17 CFR § 230.405) or Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR § 240.12b-2).

Emerging growth company \boxtimes

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading symbol(s)	Name of each exchange on which registered
Class A Common Stock, \$0.01 par value/share	AMAL	The Nasdaq Stock Market

Item 7.01. Regulation FD Disclosure.

On November 5, 2020, Amalgamated Bank (the "Company") issued the press release that is furnished as Exhibit 99.1 to this Current Report on Form 8-K and that is incorporated by reference into this Item announcing that the Company's Board of Directors had declared a quarterly dividend of \$0.08 per share payable on December 3, 2020 to shareholders of record on November 19, 2020.

Item 9.01 Financial Statements and Exhibits.

(d) *Exhibits* See Exhibit Index to this report.

Exhibit Index

Exhibit No. Description

99.1 Press release dated November 5, 2020 (furnished only).

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

AMALGAMATED BANK

By: /s/ Keith Mestrich Name: Keith Mestrich

Title: Chief Executive Officer and President

Date: November 5, 2020



Amalgamated Bank Declares Regular Quarterly Dividend

NEW YORK, Nov. 05, 2020 (GLOBE NEWSWIRE) -- Amalgamated Bank (Nasdaq: AMAL) (the "Company") today announced that its Board of Directors has declared a regular dividend to common shareholders of \$0.08 per share, payable on December 3, 2020, to shareholders of record on November 19, 2020. The amount and timing of any future dividend payments to shareholders will be subject to the discretion of the Company's Board of Directors.

About Amalgamated Bank

Amalgamated Bank is a New York-based full-service commercial bank and a chartered trust company with a combined network of six branches in New York City, Washington D.C., San Francisco, and Boston. Amalgamated was formed in 1923 as Amalgamated Bank of New York by the Amalgamated Clothing Workers of America, one of the country's oldest labor unions. Amalgamated provides commercial banking and trust services nationally and offers a full range of products and services to both commercial and retail customers. Amalgamated is a proud member of the Global Alliance for Banking on Values and is a certified B Corporation®. As of September 30, 2020, total assets were \$6.6 billion, total net loans were \$3.6 billion, and total deposits were \$6.0 billion. Additionally, as of September 30, 2020, the trust business held \$33.1 billion in assets under custody and \$14.3 billion in assets under management.

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