

# FORM 4

## Federal Deposit Insurance Corporation Washington, D.C. 20429

OMB APPROVAL

Check box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB NUMBER: 3064-0030  
EXPIRES: 07/31/2013  
Estimated average burden  
hours per response ...0.5

(PLEASE PRINT OR TYPE ALL RESPONSES)

1. Name of Reporting Person (Last, First, MI)* Workers United			2. Issuer Name and Ticker or Trading Symbol Amalgamated Bank [AMAL]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input type="checkbox"/> Director <input checked="" type="checkbox"/> 10% Owner <input type="checkbox"/> Officer (Give title below) <input type="checkbox"/> Other (Specify below) See Remarks _____			
Street Address 22 South 22nd Street			3. Date of Earliest Transaction Required to be Reported (Month/Day/Year) 08/13/18		4. If Amendment, Date Original Filed (Month/Day/Year)				
City Philadelphia	State PA	ZIP Code 19103	6. Individual or Joint/Group Filing (Check applicable box) <input type="checkbox"/> Form filed by One Reporting Person <input checked="" type="checkbox"/> Form filed by More than One Reporting Person						

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date if any, (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instrs. 3, 4, and 5)			5. Amount of Securities Beneficially Owned Following Reported Transactions (Instr. 3 and 4)	6. Ownership Form Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		3,033,700	D	\$14.415(1)	7,990,349	D(2)(12)(13)(14)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		182,080	D	\$14.415(1)	479,567	D(3)(12)(13)(14)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		106,900	D	\$14.415(1)	281,583	D(4)(12)(13)(14)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		100,600	D	\$14.415(1)	264,939	D(5)(12)(13)(14)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		619,180	D	\$14.415(1)	1,630,806	D(6)(12)(13)(14)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		54,900	D	\$14.415(1)	85,908	D(7)(12)(13)(14)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		142,200	D	\$14.415(1)	374,517	D(8)(12)(13)(14)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		230,640	D	\$14.415(1)	523,022	D(9)(12)(13)(14)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		50,340	D	\$14.415(1)	132,580	D(10)(12)(13)(14)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		197,100	D	\$14.415(1)	519,132	D(11)(12)(13)(14)	

FDIC 6800/04 (10-05)

**Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. (Continue on Page 2)**

**\*If the form is filed by more than one reporting person, see Instruction 4(b)(v).**



2. Name and Address of Reporting Person*		
Laundry, Distribution & Food Service Joint Board, Workers United		
(Last)	(First) (Middle)	
701-703 McCarter Highway		
(Street)		
Newark, NJ 07102		
(City)	(State)	(Zip)

3. Name and Address of Reporting Person*		
Mid-Atlantic Regional Joint Board, Workers United		
(Last)	(First) (Middle)	
5735 Industry Lane, Bld. C, Suite 101		
(Street)		
Frederick, MD 21704		
(City)	(State)	(Zip)

4. Name and Address of Reporting Person*		
New York-New Jersey Regional Joint Board, Workers United		
(Last)	(First) (Middle)	
305 7th Ave., 7th Floor		
(Street)		
New York, NY 10001		
(City)	(State)	(Zip)

5. Name and Address of Reporting Person*		
New York Metropolitan Area Joint Board, Workers United		
(Last)	(First) (Middle)	
5 Penn Plaza, 23rd Floor		
(Street)		
New York, NY 10001		
(City)	(State)	(Zip)

6. Name and Address of Reporting Person*		
Pennsylvania Joint Board Workers United, SEIU		

(Last)	(First) (Middle)
1017 Hamilton St.	
(Street)	
Allentown, PA 18101	
(City)	(State) (Zip)

7. Name and Address of Reporting Person*	
Philadelphia Joint Board, Workers United	
(Last)	(First) (Middle)
22 South 22 <sup>nd</sup> Street	
(Street)	
Philadelphia, PA 19103	
(City)	(State) (Zip)

8. Name and Address of Reporting Person*	
Rochester Regional Joint Board Fund for the Future	
(Last)	(First) (Middle)
750 East Avenue	
(Street)	
Rochester, NY 14607	
(City)	(State) (Zip)

9. Name and Address of Reporting Person*		
Rochester Regional Joint Board, Workers United		
(Last)	(First)	(Middle)
750 East Avenue		
(Street)		
Rochester, NY 14607		
(City)	(State)	(Zip)

Explanation of Responses:

1. This amount represents the \$15.50 initial public offering price per share of Class A common stock of the Issuer, less the underwriting discount of \$1.085 per share of Class A common stock. 2. Reflects securities directly owned by Workers United. 3. Reflects securities directly owned by Chicago & Midwest Regional Joint Board, Workers United. 4. Reflects securities directly owned by Laundry, Distribution & Food Service Joint Board, Workers United. 5. Reflects securities directly owned by Mid-Atlantic Regional Joint Board, Workers United. 6. Reflects securities directly owned by New York-New Jersey Regional Joint Board, Workers United. 7. Reflects securities directly owned by New York Metropolitan Area Joint Board, Workers United. 8. Reflects securities directly owned by Pennsylvania Joint Board Workers United, SEIU. 9. Reflects securities directly owned by Philadelphia Joint Board, Workers United. 10. Reflects securities directly owned by Rochester Regional Joint Board Fund for the Future. 11. Reflects securities directly owned by Rochester Regional Joint Board, Workers United. 12. Reporting Person is a union affiliated with Workers United. 13. Information with respect to each of the Reporting Persons is given solely by such Reporting Person, and no Reporting Person has responsibility for the accuracy or completeness of information supplied by another Reporting Person. 14. Due to the limited space provided certain Reporting Persons are filing a separate Form 4 attached hereto.

Remarks:

Each of the Reporting Persons may be deemed to be a member of a "group" for purposes of the Securities Exchange Act of 1934. Each Reporting Person disclaims beneficial ownership of any securities deemed to be owned by the group that are not directly owned by the Reporting Person. This report shall not be deemed an admission that the Reporting Persons are a member of a group or the beneficial owner of any securities not directly owned by the Reporting Person.

Workers United	
By: Lynne Fox, by Power of Attorney	08/15/2018
Chicago & Midwest Regional Joint Board, Workers United	
By: Lynne Fox, by Power of Attorney	08/15/2018
Laundry, Distribution & Food Service Joint Board, Workers United	
By: Lynne Fox, by Power of Attorney	08/15/2018
Mid-Atlantic Regional Joint Board, Workers United	
By: Lynne Fox, by Power of Attorney	08/15/2018
New York-New Jersey Regional Joint Board, Workers United	
By: Lynne Fox, by Power of Attorney	08/15/2018
New York Metropolitan Area Joint Board, Workers United	
By: Lynne Fox, by Power of Attorney	08/15/2018
Pennsylvania Joint Board Workers United, SEIU	
By: Lynne Fox, by Power of Attorney	08/15/2018
Philadelphia Joint Board, Workers United	
By: Lynne Fox, by Power of Attorney	08/15/2018

Rochester Regional Joint Board Fund for the Future

By: Lynne Fox, by Power of Attorney

08/15/2018

Rochester Regional Joint Board, Workers United

By: Lynne Fox, by Power of Attorney

08/15/2018

\*\*Signature of Reporting Person

Date

NOTE: File three copies of this Form, one of which must be manually signed. If the space provided is insufficient, see Instruction 6 for procedure (12 C.F.R. 335.612).  
Potential persons who are to respond to the collection of information contained on this form are not required to respond unless the form displays a current, valid OMB Control Number.  
\*\*Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

---

**BURDEN STATEMENT**

Public reporting burden for this collection of information is estimated to average 0.5 hours per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to, the Paper Reduction Act Clearance Officer, Legal Division, Federal Deposit Insurance Corporation, 550 17<sup>th</sup> St. NW, Washington, D.C. 20429; and to the Office of Management and Budget, Paperwork Reduction Project (3064-0030), Washington, D.C. 20503. An agency may not conduct or sponsor, and a person is not required to respond to, a collection unless it displays a currently valid OMB control.

---

FDIC 6800/04

# FORM 4

Federal Deposit Insurance Corporation  
Washington, D.C. 20429

OMB APPROVAL

Check box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB NUMBER: 3064-0030  
EXPIRES: 07/31/2013  
Estimated average burden  
hours per response ...0.5

(PLEASE PRINT OR TYPE ALL RESPONSES)

1. Name of Reporting Person (Last, First, MI)* Workers United			2. Issuer Name and Ticker or Trading Symbol Amalgamated Bank [AMAL]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input type="checkbox"/> Director <input checked="" type="checkbox"/> 10% Owner <input type="checkbox"/> Officer (Give title below) <input type="checkbox"/> Other (Specify below) See Remarks _____			
Street Address 22 South 22nd Street			3. Date of Earliest Transaction Required to be Reported (Month/Day/Year) 08/13/18		4. If Amendment, Date Original Filed (Month/Day/Year)				
City Philadelphia	State PA	ZIP Code 19103	6. Individual or Joint/Group Filing (Check applicable box) <input type="checkbox"/> Form filed by One Reporting Person <input checked="" type="checkbox"/> Form filed by More than One Reporting Person						

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date if any, (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instrs. 3, 4, and 5)			5. Amount of Securities Beneficially Owned Following Reported Transactions (Instr. 3 and 4)	6. Ownership Form Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		45,320	D	\$14.415(1)	119,380	D(2)(5)(6)(7)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		10,420	D	\$14.415(1)	27,421	D(3)(5)(6)(7)	
Class A Common Stock, par value \$0.01 per share	08/13/2018		S		56,860	D	\$14.415(1)	149,794	D(4)(5)(6)(7)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. (Continue on Page 2)  
\*If the form is filed by more than one reporting person, see Instruction 4(b)(v).



**Table II - Derivative Securities Acquired, Disposed of or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any, (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instrs. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instrs. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Securities: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

1. Name and Address of Reporting Person*		
Western States Regional Joint Board, Workers United		
(Last)	(First)	(Middle)
920 S. Alvarado St.		
(Street)		
Los Angeles, CA 90006		
(City)	(State)	(Zip)

2. Name and Address of Reporting Person*		
Workers United Canada Council		
(Last)	(First) (Middle)	
2800 Skymark Ave, Unit 10A		
(Street)		
Mississauga, ON Canada, L4W5A6		
(City)	(State)	(Zip)

3. Name and Address of Reporting Person*		
Workers United, Southern Regional Joint Board		
(Last)	(First) (Middle)	
4405 Mall Blvd., Suite 600		
(Street)		
Union City, GA 30291		
(City)	(State)	(Zip)

Explanation of Responses:

1. This amount represents the \$15.50 initial public offering price per share of Class A common stock of the Issuer, less the underwriting discount of \$1.085 per share of Class A common stock. 2. Reflects securities directly owned by Western States Regional Joint Board, Workers United. 3. Reflects securities directly owned by Workers United Canada Council. 4. Reflects securities directly owned by Workers United, Southern Regional Joint Board. 5. Reporting Person is a union affiliated with Workers United. 6. Information with respect to each of the Reporting Persons is given solely by such Reporting Person, and no Reporting Person has responsibility for the accuracy or completeness of information supplied by another Reporting Person. 7. Due to the limited space provided certain Reporting Persons are filing on this attached Form 4.

Remarks:

Each of the Reporting Persons may be deemed to be a member of a "group" for purposes of the Securities Exchange Act of 1934. Each Reporting Person disclaims beneficial ownership of any securities deemed to be owned by the group that are not directly owned by the Reporting Person. This report shall not be deemed an admission that the Reporting Persons are a member of a group or the beneficial owner of any securities not directly owned by the Reporting Person.

Workers United	
By: Lynne Fox, by Power of Attorney	08/15/2018
Western States Regional Joint Board, Workers United	
By: Lynne Fox, by Power of Attorney	08/15/2018
Workers United Canada Council	
By: Lynne Fox, by Power of Attorney	08/15/2018
Workers United, Southern Regional Joint Board	
By: Lynne Fox, by Power of Attorney	08/15/2018

\*\*Signature of Reporting Person

Date

NOTE: File three copies of this Form, one of which must be manually signed. If the space provided is insufficient, see Instruction 6 for procedure (12 C.F.R. 335.612). Potential persons who are to respond to the collection of information contained on this form are not required to respond unless the form displays a current, valid OMB Control Number. \*\*Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

**BURDEN STATEMENT**

Public reporting burden for this collection of information is estimated to average 0.5 hours per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to, the Paper Reduction Act Clearance Officer, Legal Division, Federal Deposit Insurance Corporation, 550 17<sup>th</sup> St. NW, Washington, D.C. 20429; and to the Office of Management and Budget, Paperwork Reduction Project (3064-0030), Washington, D.C. 20503. An agency may not conduct or sponsor, and a person is not required to respond to, a collection unless it displays a currently valid OMB control.