FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject	
to Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Amalgamated Financial Corp.					2. Issuer Name and Ticker or Trading Symbol Amalgamated Financial Corp. [AMAL]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X 10% Owner					
(Last) (First) (Middle) 275 SEVENTH AVE.					3. Date of Earliest Transaction (Month/Day/Year) 08/11/2022								Officer (give title below) Workers United					
(Street) NEW YORK NY 10001			4. If a	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(St		ip)		Person													
		Table	I - Non-Deriva	ative	Secui	rities	Acc	quire	ed, D	isposed of	, or B	enefici	ally	Own	ed			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year				ar) if	2A. Deemed Execution Date, if any (Month/Day/Year)		Co	Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			Benefi		ties cially I Following	Forr (D) (m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Co	ode \	v /	Amount	(A) or (D)	Price	I.	Transa	action(s) 3 and 4)		4,	(msar 4)
Common Stock 08/11/2022				2]	P		12,668.9189	A	\$23.6	8(1)	8,003,018.78			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	rivative curity or Exercise str. 3) Str. 3) Date (Month/Day/Year) Frice of Derivative Security Execution Date, if any (Month/Day/Year)				saction of Derivative Securitive Acquirer (A) or Dispose of (D) (Instr. 3, and 5)			Expiration Date (Month/Day/Year) Date Expiration			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amount or Number of Title Amount		Deriv Secu	3. Price of Derivative Securitys Instr. 5) Beneficiall Owned Following Reported Transactio (Instr. 4)		,	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficia Ownership (Instr. 4)

Explanation of Responses:

1. The price reported in Column 4 reflects the agreed-upon price between Workers United and its affiliate, the New York Metropolitan Area Joint Board.

/s/Bob Freeman on Behalf of Workers United

08/15/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.