FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL									
	OMB Number:	3235-0287								
l	Estimated average burden									
I	hours per response:	0.5								

	Check this box if no longer subjec
\neg	to Section 16. Form 4 or Form 5
_	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					1		,				inpuny Act t									
Name and Address of Reporting Person* Bruce Maryann						2. Issuer Name and Ticker or Trading Symbol Amalgamated Financial Corp. [AMAL]								(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Didec Maryann														_ -	X Dire	ector		10% Ov	wner	
(Last) (First) (Middle) 275 7TH AVE						3. Date of Earliest Transaction (Month/Day/Year) 05/25/2023									Offi belo	cer (give title ow)		Other (s	specify	
					4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
(Chroat)															X Form filed by One Reporting Person					
(Street) NEW Y	EW YORK NY 10001														Form filed by More than One Reporting Person					
(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication														
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Table	I - No	n-Deriva	tive S	ecui	rities	Acc	uired,	Dis	posed of	f, or	Ben	eficia	lly Ow	ned				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)					Execution Date,			3. Transaction Code (Instr. 8) 4. Securitie Disposed O 5)			es Aco Of (D)	quired (Instr	I (A) or . 3, 4 an	Secu Bene Own Follo	ficially ed wing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A (D	() or ()	Price		orted saction(s) r. 3 and 4)				
Restricted Stocks Units 05/25/20						2023 (1			A		3,439(2)		A	\$14.5	4 1	7,768 ⁽³⁾		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, irity or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		Secu Acqu (A) o Disp of (D	vative irities uired or osed) r. 3, 4	s I		ite	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		f [5]	B. Price of Derivative Security Instr. 5)		y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code V		(A)	(D)	Date Exercisable		Expiration Date	Title	or Nui of	ount mber ares						

${\bf Explanation\ of\ Responses:}$

- 1. The restricted stock units vest in one annual installment on May 25, 2024.
- 2. Each restricted stock unit represents a contingent right to receive one share of AMAL stock.
- $3.\ The\ displayed\ amount\ of\ Securities\ Beneficially\ Owned\ Following\ the\ Reported\ Transaction\ includes\ Vested\ Restricted\ Stock\ Unit\ Shares\ previously\ disclosed\ through\ a\ Form\ 4.$

Remarks:

/s/ Maryann Bruce 05/30/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.