FORM 4

Check this box if no longer subject

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

A / I- ! 4	D 0	00540
Vashington,	D.C.	20549

STATEMENT C	F CHANGES IN	N BENEFICIAL	OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Lanning Margaret Matilda					2. Issuer Name and Ticker or Trading Symbol Amalgamated Financial Corp. [ AMAL ]									(Chec	k all app Direc	tionship of Reportir all applicable) Director Officer (give title		10% O	
(Last) 275 7TH	(Fi AVENUE	rst) (f	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/15/2023								X	belov		edit F	below)	
(Street) NEW Y(		ate) (Ž	0001 Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)							Line) X	Form Form Perso					
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	juired,	Dis	posed of	, or E	Benef	icially	/ Own	ed			
Dat		2. Transac Date (Month/Da	ay/Year) Exec		A. Deemed secution Date, any lonth/Day/Year)		3. 4. Securitie Disposed (Code (Instr. 8)				l and Securi Benefi		ties cially I Following	Forn (D) c	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
										v	Amount	(A) (D)	or Pr	ice	Transa	action(s) . 3 and 4)			(111041.4)
Restricted Stocks Units 02/		02/15/2	2023 (1) A			2,861 <sup>(2)</sup> A \$		23.42	42 2,861 <sup>(3)</sup>			D							
		Tal	ble II -								osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed 4. Transa Code (Day/Year) 8)					6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Exercisable Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Dei Sec (Instr.	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

## **Explanation of Responses:**

- 1. The restricted stock units vest in three equal annual installments beginning on February 15, 2024.
- 2. Each restricted stock unit represents a contingent right to receive one share of AMAL stock.
- 3. The displayed amount of Securities Beneficially Owned Following the Reported Transaction includes shares purchased under the Employee Stock Purchase Program and Vested Restricted Stock Unit Shares previously disclosed through a Form 4.

## Remarks:

/s/Margaret Matilda Lanning

\*\* Signature of Reporting Person Date

02/16/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.